

"Tamara Lowe has helped to improve the lives of millions of Americans."

Rudolph Giuliani
Former Mayor of
New York City

"I admire Tamara Lowe and truly respect her work. On a personal level, she is so giving and kind. I'm blessed to call her my friend. I give her a PERFECT 10!"

Mary Lou Retton
1984 Olympic Gold Medal
Champion Gymnast

"My friend, Tamara Lowe, is an achiever who excels in the business world."

Zig Ziglar
Best-selling Author and
Motivational Speaker

bio Tamara Lowe is recognized as one of the world's most successful speakers and consultants, having trained more than two million people in seventy countries. Tamara is a respected author, educator and businesswoman. She is the co-founder and Executive Vice President of Get Motivated Seminars, Inc., a business training company that produces America's largest business seminars.

Tamara has worked with five United States presidents and numerous heads of state including British Prime Minister Margaret Thatcher, Canadian Prime Minister Joe Clark, Israeli Prime Minister Benjamin Netanyahu, and Soviet President Mikhail Gorbachev. Tamara has also worked with countless celebrities, athletes and newsmakers including Colin Powell, Joe Montana, George Foreman, Goldie Hawn, Charlton Heston, Bill Cosby, Christopher Reeve, Billy Graham, and Mother Teresa.

A former drug addict and dropout, Tamara's message is dynamic and inspiring. Her work has been featured in *TIME*, *PEOPLE*, the *New York Times*, the *Wall Street Journal*, *USA Today*, on *20/20*, *60 Minutes* and *CNN*.

GetMotivated.com
GetMotivatedBook.com



TAMARA LOWE

*The Most Popular Female Motivational Speaker
in the World*

New York Times Bestselling Author

Trail-Blazing Entrepreneur



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3 MILLION TIMES!